

## BTAH PSHE Overview

<u>YR</u>	<u>AUT 1</u>	<u>AUT 2</u>	<u>SPR 1</u>	<u>SPR2</u>	<u>SUM 1</u>	<u>SUM 2</u>
<b>7/8</b>	<p><b>Drugs and alcohol.</b> Alcohol and drug misuse and pressures relating to drug use.</p>	<p><b>Community and careers.</b> Equality of opportunity in careers and life choices, and different</p>	<p><b>Discrimination.</b> Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p><b>Emotional Wellbeing.</b> Mental health and emotional wellbeing, including body image and coping strategies.</p>	<p><b>Identity and relationships.</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception.</p>	<p><b>Digital Literacy.</b> Online safety, digital literacy, and gambling hooks.</p>
<b>9</b>	<p><b>Mental Health.</b> Introduction to Mental health Bereavement, Suicide, Social anxiety, social media and self-esteem.</p>	<p><b>Peer influence, substance use and gangs.</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation.</p>	<p><b>Respectful Relationships.</b> Families and parenting, healthy relationships conflict resolution, and relationship changes.</p>	<p><b>Setting Goals.</b> Learning strengths, career options and goal setting as part of the GCSE options process.</p>	<p><b>Intimate Relationships.</b> Relationships and sex education including consent, contraception, the risk of STI's</p>	<p><b>Employability skills.</b> Employability and online presence</p>
<b>10</b>	<p><b>Mental Health.</b> Mental Health and ill health, stigma, safeguarding health, including during periods of transition or change.</p>	<p><b>Financial Decision Making.</b> The impact of financial, debts, gambling and the impact of advertising on financial choices.</p>	<p><b>Healthy Relationships.</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography.</p>	<p><b>Exploring influence.</b> The influence and impact of drugs, gangs, role models and the media.</p>	<p><b>Addressing extremism and radicalisation.</b> Communities belonging and challenging extremism.</p>	<p><b>Work Experience.</b> Preparation for the evaluation of work experience and readiness for work.</p>

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11	<b>Building for the future.</b> Self-efficacy, stress management, and future opportunities.	<b>Next Steps.</b> Application processes, and skills for further education, employment and career progression.	<b>Communication in Relationships.</b> Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse.	<b>Independence.</b> Responsible health choices, and safety in independent contexts.	<b>Families.</b> Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.	
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