**Therapeutic Support and Well-being**

We recognise that people need support to thrive and reach their full potential. The therapy and wellbeing service offers a specialised provision for the entire school community. The school prioritises social emotional and mental health within every aspect of school life - policies & environment, academics, relationships and individual wellbeing. We have a full time, on-site therapist who manages the provision alongside input as needed from counsellors, arts therapists and speech and language therapy teams.

To view our Mental Health and Well-being Policy, please click here

**For Students**

We provide weekly sessions for students who have a sustained need for support. Therapeutic work is tailored according to needs, combining either a creative indirect or direct approach to supporting emotional wellbeing. These interventions may occur individually or in groups. Depending on suitability, a student may be offered time with a dramatherapist, integrative arts therapist, music therapist or counsellor.

**For Parents & Carers:**

The school offers confidential monthly group sessions for parents and carers led by the school therapist. The group provides a place to seek support and connect with others. Additionally, if parents would like to book time to see the school therapist on an individual basis, they can do so.

**2018 Dates of the Parent & Carer Group:**

Friday 23rd Feb 2018 1.00-2.30pm

Friday 23rd March 2018 1.00-2.30pm

Friday 27th April 2018 1.00-2.30pm

Friday 18th May 2018 1.00-2.30pm

For more information, please contact the school office at: office@bromleybeaconacademy.org.uk

**Location of the Parent Group:**

Orpington Fire Station (E41) Community Room, Avalon Road, BR6 9AX

**Carnegie Centre of Excellence for Mental Health in Schools Award:**

Bromley Beacon Academy and Bromley Trust Academy are working towards excellence in mental health practice. We are looking to have this recognised and developed with a national award level. We are currently devising new policies and processes to improve and strengthen mental health of students, parents and staff. Achieving this award will be a whole Trust effort and will take into account student, parent, staff and governor voice.

For more information or to contribute, please [click here](file:///F%3A%5CKitemark%20award%20MH%5CParent.Carer%20Letter%20MHAward.docx).

**Therapy Newsletter**

* [Summer term newsletter 2017](file:///F%3A%5CTrust%20Therapy%20Team%5CBBAOSummerTermnewsletter2017.pdf)